

## Lesson 4: Prospering the Mind, part 2 [2 December 2018]

### **I. Strengthen the Mind**

A. 1 Peter 1:13-20

B. Verse 13: "gird up the loins of your mind"

1. (1Pe 1:13) [Amplified Classic Version] So brace up your minds; be sober (circumspect, morally alert); set your hope wholly *and* unchangeably on the grace (divine favor) that is coming to you when Jesus Christ (the Messiah) is revealed.
2. (1Pe 1:13) [New Living Testament] So prepare your minds for action and exercise self-control. Put all your hope in the gracious salvation that will come to you when Jesus Christ is revealed to the world.

(1Pe 1:13) [Message Translation] So roll up your sleeves, put your mind in gear, be totally ready to receive the gift that's coming when Jesus arrives.

- Gird = build strength through repetition
- Gird = to refresh
- Loins = the seat of procreative power

- a. The Mind is the Battle Ground where we triumph over Evil
- b. Win the battle of the mind & you will conduct yourself as a Christian
- c. John 8:31-32

### **II. Conforming Our Will to God's Will**

A. We must know God's Will: Colossians 1:9

B. It's going to take a change in Mindset

1. Ephesians 6:14

2. 3 John 3-4

- a. It please God when we, the Body of Christ, walk (live every day life) in the Truth of God's Word
- b. Do so by continually walking in the Truth of God's Word

### **III. Change the Way You See Yourself**

A. (Pro 23:7) [King James] For as he thinketh in his heart, so *is* he ...

B. 2 Corinthians 3:18

1. God's Word is like a mirror

2. What do you see when you look into God's mirror

3. When we look in a mirror we make attempts to change what we see (wash our face, comb our hair), so we will look good to others, as well as ourselves

4. When we look into God's Word we see things that need correction & God's Word tells us how to correct those things

5. To Change (Transform) = reshape the appearance

#### **IV. Transform Your Thinking**

- A. Romans 12:2
  - 1. Romans 8:37
  - 2. 1 John 5:4
  - 3. Philippians 4:13
- B. Think ahead, not behind
  - 1. Isaiah 43:18-19
  - 2. (Isa. 43:18) [Amplified Classic Version] Do not [*earnestly*] remember the former things; neither consider the things of old. (Isa 43:19) Behold, I am doing a new thing! Now it springs forth; do you not perceive *and* know it *and* will you not give heed to it? I will even make a way in the wilderness and rivers in the desert.
  - 3. Satan attempts to destroy a life by keeping thoughts of the past in their mind
    - i. Romans 12:10 = he's an accuser of the brethren
- C. Ephesians 2:6 "we've been made to sit with Him"
  - 1. Verse 10: "we are His workmanship"
  - 2. We are forgiven
  - 3. We are accepted
  - 4. We are redeemed
  - 5. We are chosen
  - 6. We are predestined
  - 7. We are BLESSED

#### **V. Control Your Thoughts**

- A. (Php 2:5) [Message Translation] Think of yourselves the way Christ Jesus thought of himself.
- B. Ephesians 2:10
- C. (Eph. 2:1) [Message Translation] It wasn't so long ago that you were mired in that old stagnant life of sin.
  - 1. John 10:10 "I have come to give you life & give it more abundantly"
  - 2. Romans 6:4

#### **VI. How to Stay Positive About Yourself**

- A. #1: you must make a quality decision
- B. #2: You must renew the mind to God's Word