

**WALKING IN THE SPIRIT**  
**VOLUME 4: THE REALITY OF THE HOLY SPIRIT**  
**MESSAGE 30: PRAYER IS COMMUNICATION**  
**WITH GOD**  
**4 OCTOBER 2026**

➤ **Foundation Scripture:**

- Hebrews 4:16
- Faith Moves God

**I. Prayer is a Place of Rest**

- a. Hebrews 4:3
  - i. True Faith takes us to a place of rest
  - ii. Hebrews 4:11 – Labor = work our Faith in God and the God Kind of Faith in us
    - 1. Work = go to church, study, meditate, confess (profess)
      - a. Church Attendance = Hebrews 10:25
      - b. Study = 2 Timothy 2:15
      - c. Meditate = Joshua 1:8
        - i. Psalm 1:1-3
      - d. Confess = Mark 11:23-24
        - i. 2 Corinthians 4:13

**II. Confessing God's Covenant Words after Study and Meditation is compared to a farmer planting SEED**

- a. Matthew 13:18, 23
- b. Luke 8:11
- c. Mark 4:20-32
  - i. Verse 20: three levels of harvest
    - 1. Romans 12:2 = three levels of God's Will
    - 2. 2 Peter 1:19 Levels of Light (Revelation)
  - ii. Mark 4:21-22 = God is not hiding His Covenant from His People
  - iii. Mark 4:24 = "take heed what you hear"
    - 1. Luke 9:18 = "take heed how you hear"

- iv. Mark 4:25 = if you lose God's Covenant Words and Faith then Satan can begin to steal your goods, your health, your finances
- v. Mark 4:28 = The Law of Progression
  - 1. God's Word as a SEED MUST be given time to grow
  - 2. Amos 3:7, 9:13
- vi. Mark 4:29 = The "Sickle" = Praise & Worship

### **III. Don't be Lazy – Farmers can't be Lazy**

- a. Hebrews 6:12
- b. Followers = Study, Imitate & Prayer
- c. "through Faith and Patience"
  - i. Hebrews 10:36 = Patience is Necessary
  - ii. A Farmer can't be impatient and dig up his SEED before it grows
  - iii. Keep the weeds off your harvest
  - iv. Do the Will of God: James 1:22, 25
    - 1. Take action to what you hear
    - 2. 2 Corinthians 4:13
    - 3. Mark 11:23-24
      - a. Talk God's Covenant Words: Confession or Profession of Faith: Hebrews 10:23
    - 4. Hebrews 10:35
      - a. Our Faith in God's Covenant Words will produce a Harvest if we don't throw away our Confidence (Faith)
    - 5. Colossians 1:23
      - a. Continue in the Faith: Grounded and settled in the Covenant Words of God, do NOT be moved from Hope (expectation) of the Gospel of Christ
- d. Hebrews 6:18-19
  - i. Hope Maintains the Soul: Mind, Will & Emotions – anchors it
  - ii. Faith is of the Heart: Romans 10:10